





FIFTH WEEK

Day 1: Who am I?

When I were a child, what did I daydream about?

What did I want to be when I grew up?

Why did I want them?

Have I ever achieved any of them?

If not, Why?

What is my Fifth biggest dream I want to get NOW?

List things/works That Make Me HAPPY from this dream:

List things/works That Make Me PROUD from this dream:

List things/works That Make Me Feel FULFILLED from this dream:

List My Most Important VALUES from this dream:

List My Most Important NEEDS from this dream:

What is my Fifth biggest purpose/ goals in life right now?

What are my greatest strengths?

ADDITIONAL NOTES:

Day2: Work on your purpose/goal.

What is my Fifth Biggest purpose/goal I want to get now?

What does it mean to me?

Which of my values does this purpose/goal express?

Is my purpose/goal realistic? What facts and evidences do I believe it is realistic?

What benefits can I get from achieving this purpose/ goal?

Is my purpose/goal in progress or just a daydream?

If it's in progress... what do I need to do to achieve them?

By how?

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When do I start doing it?

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ADDITIONAL NOTES:

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Day 3: Dealing with risks and obstacles

When I decide to do it, what Biggest Obstacles do I face now?

Why do they become my obstacles?

Do they come from my limiting belief system or else?

Why do I believe like that?

What facts and evidences do make me belief in that?

If they are true, then why do I want to pursue this purpose/goal?

If they are not true then why do I believe them?

List 4 limiting beliefs I have about those obstacles....

ADDITIONAL NOTES:

Day 4: Work on your first limiting belief

Using formula to change your limiting belief.

Now using the formula below to change your negative belief to positive one.

I AGREENEGATIVE THOUGHT YET... AND THE TRUTH IS.... BUT... ADD POSITIVE THOUGHT... FROM NOW ON...

Example:

I AGREE to myself that I'm not a millionaire as the way I want **YET.... AND THE TRUTH IS**, being a millionaire is tough.

BUT, As a responsible person, quick learner and problem solver, I am an valuable assets to anyone who work and/or talk with me. With my enhanced clarity, heightened self-awareness, I turn all my works to be gold opportunities to achieve my goal. Surely, I am worthy and deserving of extraordinary health, happiness, peace, wealth and success Now.

FROM NOW ON, when I face the obstacles to make me not achieve my goal, it automatically turn to be gold opportunities for me to make million dollars from each of opportunity I have. I enjoy working smart on, not in, those opportunities.

What is my First limiting belief?

Use the formula above to change limiting belief to Positive one.

Day 5: Work on your Second limiting belief

What is your Second limiting belief?

Use the formula to change your limiting belief to Positive one.

Day 6: Work on your Third limiting belief

What is your Third limiting belief?

Use the formula you have learned to change your limiting belief to Positive one.

Day 7: Work on your Fourth limiting belief

What is your Fourth limiting belief?

Use the formula you have learned to change your limiting belief to Positive one.

ADDITIONAL NOTES:

Let's Turn Your Newfound Purpose Into Real Progress — Together

Now that you've worked through this ebook and begun uncovering the deeper purpose in your life, you're already ahead of most. You've taken that first vital step toward transformation—not just in mindset, but in action.

But what's next?

Change doesn't happen in a vacuum. Living with intention means making decisions in every area of life—from your relationships to your career to where and how you live. And when it comes to creating a home, achieving financial peace, or making smart property decisions, that's where I come in.

My name is Chuong Tran, and I'm not just a loan officer—I'm your partner in building a life that aligns with your values and purpose.

You've Practiced about the power of meaning and personal growth. What if your next move in life—buying your first home, refinancing for peace of mind, or finally settling into that dream space—could reflect that new purpose? What if the mortgage process didn't feel like a financial maze, but instead, a peaceful, guided journey?

That's what I offer.

For many people, dealing with home financing is stressful, confusing, and full of doubts. But I believe it doesn't have to be that way. My mission is simple:

To walk beside you, helping you create a mortgage strategy that brings peace, clarity, and joy—not anxiety.

I've helped countless clients find not just loans, but confidence in their future. Whether you're starting over, building your family, or looking for stability in uncertain times, I work with you—not just your numbers.

When you work with me, you're not just getting paperwork processed. You're getting:

- Clarity in the process so you know your options.
- Support at every step, with no pressure.
- Empathy and understanding for your unique goals.
- Strategy tailored to your personal and financial growth.

This eBook helped you uncover your inner “why.” Let's make sure your home and finances reflect that.

Whether you're curious about buying your first home, need to refinance for peace of mind, or simply want to plan for the future with clarity, let's talk. I'll help you translate your personal growth into practical steps toward a happier, more meaningful life.

You've done the inner work—now let's bring it to life.

Let's connect. Let's plan. Let's build something meaningful.

 **Chuong Tran**

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**"I work with you to bring happiness and peace to every step of
your mortgage journey."**

Let's make your next move the right one—on purpose.