



**CHUONG  
MORTGAGE**

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# Introduction

Have you ever wondered whether finding meaning in life is actually important? Or is it just something made up by people?

May be you get the sense that you should be further along in life. Yet experience an overwhelming sense that you'll never get anywhere from where you are now.

If you've ever wondered whether personal development works, it does. To lead a content and successful life, it's imperative to find meaning in your life.

This is something that distinguishes you from others. The meaning you find in your life may not be the same as those around you. But that's fine. Your distinct meaning is what sets you apart.

Once you find the meaning in your life, you can become the best of your being. In addition to that, you will be able to polish your personality.

Let Get Started working on your workbook to reveal your hidden potential NOW.



## **This “Change Your Purposes Change Your Life” Workbook Belongs to:**

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### **MY COMMITMENT**

I \_\_\_\_\_, commit to write down my truths of thoughts and feelings in my Change Your Purposes Change Your Life workbook every day.

I am conscious that if I am doing it every day, it will help me to grow my enhanced clarity, heightened self-awareness, and an achieved level of commitment to the goals, dreams, mission and vision that I want to create for my life.

For the benefits of all of my loved ones and myself who are deserving of extraordinary health, happiness, peace, wealth and success, I am so enjoyable to spend 30 minutes each day/night for 5 weeks straight to complete my commitment.

If for some reason, I miss a day, I vow to go back the following day, and recall the most significant events, lessons, and all that I am grateful for, to complete my workbook.

My practice will start from \_\_\_\_\_ until \_\_\_\_\_.

From this day forward, I will live and apply in alignment with that my commitment.

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Sign (Initial)





**FIRST WEEK**



## **Day 1: Who am I?**

**When I were a child, what did I daydream about?**

**What did I want to be when I grew up?**

**Why did I want them?**

**Have I ever achieved any of them?**

**If not, Why?**

**What is my First biggest dream I want to get NOW?**

**List things/works That Make Me HAPPY from this dream:**

**List things/works That Make Me PROUD from this dream:**

**List things/works That Make Me Feel FULFILLED from this dream:**

**List My Most Important VALUES from this dream:**

**List My Most Important NEEDS from this dream:**



**What is my biggest purpose/ goals in life right now?**

**What are my greatest strengths?**

**ADDITIONAL NOTES:**

## **Day2: Work on your purpose/goal.**

**What is my First Biggest purpose/goal I want to get now?**

**What does it mean to me?**

**Which of my values does this purpose/goal express?**

**Is my purpose/goal realistic? What facts and evidences do I believe it is realistic?**



**What benefits can I get from achieving this purpose/ goal?**

**Is my purpose/goal in progress or just a daydream?**

**If it's in progress... what do I need to do to achieve them?**

**By how?**

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**When do I start doing it?**

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**ADDITIONAL NOTES:**

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## **Day 3: Dealing with risks and obstacles**

**When I decide to do it, what Biggest Obstacles do I face now?**

**Why do they become my obstacles?**

**Do they come from my limiting belief system or else?**

**Why do I believe like that?**

**What facts and evidences do make me belief in that?**

**If they are true, then why do I want to pursue this purpose/goal?**

**If they are not true then why do I believe them?**



**List 4 limiting beliefs I have about those obstacles....**

**ADDITIONAL NOTES:**

## Day 4: Work on your first limiting belief

Using formula to change your limiting belief.

Now using the formula below to change your negative belief to positive one.

**I AGREE ....NEGATIVE THOUGHT .... YET... AND THE TRUTH IS.... BUT... ADD POSITIVE THOUGHT... FROM NOW ON...**

Example:

**I AGREE** to myself that I'm not a millionaire as the way I want **YET.... AND THE TRUTH IS**, being a millionaire is tough.

**BUT**, As a responsible person, quick learner and problem solver, I am an valuable assets to anyone who work and/or talk with me. With my enhanced clarity, heightened self-awareness, I turn all my works to be gold opportunities to achieve my goal. Surely, I am worthy and deserving of extraordinary health, happiness, peace, wealth and success Now.

**FROM NOW ON**, when I face the obstacles to make me not achieve my goal, it automatically turn to be gold opportunities for me to make million dollars from each of opportunity I have. I enjoy working smart on, not in, those opportunities.

**What is my First limiting belief?**

**Use the formula above to change limiting belief to Positive one.**

## **Day 5: Work on your Second limiting belief**

**What is your Second limiting belief?**

**Use the formula to change your limiting belief to Positive one.**



## **Day 6: Work on your Third limiting belief**

**What is your Third limiting belief?**

**Use the formula you have learned to change your limiting belief to Positive one.**

## **Day 7: Work on your Fourth limiting belief**

**What is your Fourth limiting belief?**

**Use the formula you have learned to change your limiting belief to Positive one.**



**ADDITIONAL NOTES:**



## Let's Turn Your Newfound Purpose Into Real Progress — Together

Now that you've worked through this ebook and begun uncovering the deeper purpose in your life, you're already ahead of most. You've taken that first vital step toward transformation—not just in mindset, but in action.

But what's next?

Change doesn't happen in a vacuum. Living with intention means making decisions in every area of life—from your relationships to your career to where and how you live. And when it comes to creating a home, achieving financial peace, or making smart property decisions, that's where I come in.

**My name is Chuong Tran**, and I'm not just a loan officer—I'm your partner in building a life that aligns with your values and purpose.

You've Practiced about the power of meaning and personal growth. What if your next move in life—buying your first home, refinancing for peace of mind, or finally settling into that dream space—could reflect that new purpose? What if the mortgage process didn't feel like a financial maze, but instead, a peaceful, guided journey?

That's what I offer.

For many people, dealing with home financing is stressful, confusing, and full of doubts. But I believe it doesn't have to be that way. My mission is simple:

**To walk beside you, helping you create a mortgage strategy that brings peace, clarity, and joy—not anxiety.**

I've helped countless clients find not just loans, but confidence in their future. Whether you're starting over, building your family, or looking for stability in uncertain times, I work with you—not just your numbers.

**When you work with me, you're not just getting paperwork processed. You're getting:**

- Clarity in the process so you know your options.
- Support at every step, with no pressure.
- Empathy and understanding for your unique goals.
- Strategy tailored to your personal and financial growth.

This eBook helped you uncover your inner “why.” Let's make sure your home and finances reflect that.



Whether you're curious about buying your first home, need to refinance for peace of mind, or simply want to plan for the future with clarity, let's talk. I'll help you translate your personal growth into practical steps toward a happier, more meaningful life.

**You've done the inner work—now let's bring it to life.**

**Let's connect. Let's plan. Let's build something meaningful.**

 **Chuong Tran**

Loan Officer | Trusted Guide in Your Mortgage Journey

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**"I work with you to bring happiness and peace to every step of  
your mortgage journey."**

**Let's make your next move the right one—on purpose.**